Caregiver Household Ecomap

Editable support map with named systems a relationship legend and an action record

Person or household	Prepared with	Date
[Name / reference]	[Name]	[Date]

SUPPORT SYSTEM	SUPPORT SYSTEM	SUPPORT SYSTEM
Relatives [Names and connection]	Work [Names and connection]	Health services [Names and connection]
↘	↓	↙
Friends [Names and connection] ↔	PERSON OR HOUSEHOLD [Name]	↔ Transport [Names and connection]
	↕	
	Community support [Names and connection]	

Legend to agree: solid connection [meaning]; dashed connection [meaning]; arrows [meaning]. Edit arrows and labels to reflect the person's perspective. Add strong weak or stressful beside each connection.

Connection to discuss	Agreed next step and owner
[System / relationship]	[Action or question]
[System / relationship]	[Action or question]